



Krizzia Sayson

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Krizzia Sayson

Actor, Host, Content Creator



Playing age **20-30** Height **5'3"** Weight **50kg** Eye Color **D Brown** Hair Color **D Brown**

Languages
English, Visaya, Mandarin, Tagalog

Accents
Neutral American, British, Singlish

Special Skills
Football (Soccer)

Films & TV Series

Title	Role	Production	Year
Apat Na Palapag	Chinoy Relative Talent	Third Culture Production	
Paano, Saan, Kaillan	Ruth Lead	—	2026
Bride 2 Be	Chinese Kitchen Staff Talent	ABS CBN	2026
Love U Lots	Mom	Viva One	2026
Our Yesterday's Escape	Therapist	Studio Viva	2026
Nazareno	Mother Supporting	MMPI	2026
Gabi-Gabi	Danica Lead	MG Productions	2026
Some Day, Someday	Older Grace Supporting	Bahala Na Productions	2026
Shadows Beneath His Faith	Shine, 17-y/o Daughter Supporting	Trifold Motion Pictures	2026
Christine's Litany	Divina Supporting	—	2025
Autoplay	Daughter Supporting	—	2025
Amelia	Rissa Supporting	12.12 Productions	2025
Dress-Coded	Marissa Supporting	Avante-Garde Films	2025
Sins of The Father	Talent	ABS-CBN	2025
The Iron Heart	Bitplayer Multi-role	ABS-CBN	2022
Vengeance	Lead	Pink Mist Productions	2019
For Francis	Mother Lead	Salisbury Films	2019
Equals	Extra	Scott Free Productions	2014
Hitman: Agent 47	Extra	20th Century Fox	2014
Encroached	Support	Dark Horse Productions	2019
Crimewatch	Supporting	Mediacorp	2014
Unnatural — Ep 5	Jenna Lead	Mediacorp	2013
Sex, Secrets & Lies — Ep 2	Lead	Oak3 Films	2013
BooksActually Short	Lead	BookSmarts Productions	2013
Bonds of Life	Lead	Arshia M	2013
Good Enough	Lead	Aaron Caeiro	2014

Advertisements

Title	Role	Brand / Production	Year
Whoscall — Birthing Room	Nurse Supporting	Whoscall	2026
Sanicare — Aurora	Best Friend Supporting	Sanicare	2026
Tanduay Select — Kontrolado	Fashion Show Audience Extra	Tanduay Select	2026
AXA Philippines — 'Fred'	Bridesmaid Acting Extra	AXA Philippines	2026
Scholl Compression Stockings	Supporting	Veer Pictures	2013
Chinese New Year Ad 2014	Supporting	Starhub	2014
Heineken Spec Commercial	Lead	—	2013
CNB ASEAN Anti-Drug Campaign	Lead	CNB	2016
Land Transport Authority Gallery	Sister Lead	MMPeople	2014

Theatre

Title	Role	Production	Year
Hiraya	Monologue Storyteller	Eksena PH	2026
STRAIGHT: A Staged Reading	Emily	Little Boy Productions	2025

Hosting

Event Name	Role	Production	Year
BYD Social Content	Host	Gibbous	2026
Robinsons x LG PR Event	Host	Robinsons	2025
Robinsons Appliances Live (6 episodes)	Host	Robinsons	2024
Robinsons Kitchen Revolution Cebu	Host	Robinsons	2024
Verified Anniversary Raffle Portion	Host	Verified Cebu	2023
Tahche Outsourcing Christmas Party	Host	Blackstraw Prod	2022
Robinsons Appliances Live Dumaguete	Host	Robinsons	2022
#GandaKorea Travel Seminar	Host	KTO Manila	2022
Robinsons Appliances Live	Host	Robinsons Appliances	2022
Krafty Krizmas	Host	Boysen Paints	2022
Brandemic	Host	Black Press	2020
AMUMA Live!	Host	22 Tango	2020
Panahon Sa Taiwan Year 1-3	Host	Taiwan Tourism Board	2018-2019
Magic 92.3	Radio Presenter Training	Magic 92.3	2018
GOMO! Movie Screening	Host	GOMO!	2022
Krafty Kriz (6 seasons)	Host	Studio Boysen, White Brick Studio	2019
INKANTO Halloween	Host	Island Vibes	2019
ARC Hospital Extra Measures	Host	Hyve Creative	2020
In Cebu This Week	Host	Bigseed PR	2021
Binisaya Film Festival	Host	Binisaya	2017
MFHome TV	Host	Mandaue Foam	2020-2021
Wanderbots	Host	Island Vibes	2018
DITO Store Launch @ Robinsons Galleria	Host	DITO Telco	2021
PEER Podcast	Host	Resound Lab	2021

Pageantry

Miss World Singapore	Top 5, Miss Singapore PR	2013
Miss Singapore Queen of the Year	Winner/ Represented SG, Miss Congeniality, Miss Personality, Community Ambassador	2010

Training

Technique	Level	School — Teacher/Mentor	Year
Langgam Open Access	-	Langgam — Jenny Logico-Cruz	2026
Technique Intensive Jazz & Contemporary	-	Balik Indak — Al Bernard Garcia	2026
Butoh	Intro	Eksena PH — Sasa Cabalquinto	2025
Filipino Sign Language	Intro	Eksena PH	2025
Meisner	Intermediate	Star Magic x Sightlines — Alec Loric	2025
Movement	1	Sightlines — Delphine Buencamino	2025
Script Analysis	-	Sightlines — Alec Loric	2025
Meisner	Exploration	Sightlines — Alec Loric	2025
Meisner	Beginner	Star Magic x Sightlines — Alec Loric	2025
Meisner	-	FDCP Crash Course Angeli Bayani Norbs Portales Alec Loric	2023
Chekhov	-	Khairul Kamsani	2023
Viewpoints	-	Khairul Kamsani	2023
Meisner	1	Khairul Kamsani	2023
Meisner	Exploration	Sightlines — Alec Loric	2023
Meisner	Fundamentals	Sightlines — Alec Loric	2023
Improv	-	Ding Dong Rosales	2019